#### August 2025 Volume 1

# The Coarc Circle

We are happy to introduce the first edition of The Coarc Circle. A place to highlight the great work of Coarc's programs and departments. Be on the lookout for a new edition each month!

# **Community Habilitation**

Com Hab services are designed to help people with developmental disabilities achieve greater independence and integration within their communities. These services are typically provided in the person's home or community settings and focus on building essential life skills.

Community Habilitation currently supports 55 people with 5 team members













# Key components of Community Habilitation include:

#### **Daily Living Skills-**

Offers 1:1 and group support with tasks such as in home household skills, personal hygiene and medical appointments.

#### **Social Skills Development-**

Helping people build relationships, communicate effectively, and engage in appropriate social behaviors.

#### **Community Integration-**

Encouraging participation in community activities, using public transportation, and accessing local resources.

#### **Goal-Oriented Support-**

Services are tailored to meet personal goals, promoting autonomy and self-advocacy.

# **Employee Spotlight**



#### JoAnna Schmidt

JoAnna is a Community
Habilitation staff who has worked
for the agency for approximately 6
years. She brings high energy and
dedication to every person she
supports. She has a love for
animals and enjoys hiking with the
people she supports. You can
always find JoAnna with a smile
and a great sense of humor.

**Achievement Spotlight** 

### Aaron

JoAnna has been supporting Aaron to work toward his goal of learning to cook independently. With consistent support, Aaron recently began to cook at home with confidence.



A word from Aaron's mother: "I can't tell you enough how proud I am of him and so thankful for you. He hasn't used the stove since 2018. Your consistency and excellent approach with him has really made all the difference with him. He's no longer fearful of doing it himself."





## **Fun Fact**

Did you know??

Aisha Watson, Program Manager for Community Services helped design and launch this Program Spotlight which ties directly to our Strategic Plan initiative to develop, strengthen and support Coarc's caring, quality workforce by cultivating a sense of belonging and connection.





