



# Upcoming Events!

**August 24th:**

Summer Training Series: Bullying and Harassment: Special Considerations for Students with Disabilities, 5:15-7pm, Coarc's Mellenville site  
(Please RSVP to [Christye@coarc.org](mailto:Christye@coarc.org) or 518-672-4451, ext. 2205)

**August 27th:**

Car Wash & Bake Sale for "4-Ourselves" Self Advocacy and Tim Simpson  
9am-2pm, Parking lot of the Starting Place preschool, Hudson (next to the hospital) (contact: Desiree at Coarc—672-4451)

**August 28th:**

Trip to see the Valley Cats with the Parent & Caregiver Support Group  
(contact: Christy at [christye@coarc.org](mailto:christye@coarc.org))

**August 31th—Sept. 5th:**

Join Coarc at the Columbia County Fair! See our award-winning scarecrows, artwork display by The Starting Place preschool, and our booth (contact: Pam at [pamelad@coarc.org](mailto:pamelad@coarc.org) or Katie at [katherines@coarc.org](mailto:katherines@coarc.org))

**September 3rd:**

Trip to the Great Escape with the Parent & Caregiver Support Group  
(contact: Christy at [christye@coarc.org](mailto:christye@coarc.org))

**September 15th:**

Coarc OpportuniTees Golf Tournament at Copake Country Club — fundraiser to support Coarc programs and services (rain date: 9/22)  
(contact: Katie at [katherines@coarc.org](mailto:katherines@coarc.org))

**September 18th:**

Columbia County ABATE Benefit Run/Motorcycle Ride for Coarc;  
Registration starts at 10am at the Plaza Diner on Fairview Ave., Hudson;  
Post-ride festivities at 3:00pm at the Claverack Town Park (rain date: 9/25)  
(contact: Danielle at [daniellep@coarc.org](mailto:daniellep@coarc.org))

**September 21st:**

Biometric Screening Day for Coarc employees, Mellenville cafeteria  
(contact: Theresa at [theresap@coarc.org](mailto:theresap@coarc.org))

**September 24th:**

Flapjack Fundraiser for Coarc's Self Advocacy Group!  
8am-10am, Applebee's on Fairview Ave., Hudson (contact: Desiree at Coarc—672-4451)

**Ongoing:**

Coarc Membership Drive: Become a member to support Coarc programs and services! (contact: Katie at [katherines@coarc.org](mailto:katherines@coarc.org))

For more information, please "Like" Coarc on Facebook and check out our website events/calendar page.

Contact: Katie Scheu, Coordinator of Public Relations (ext. 2093; [katherines@coarc.org](mailto:katherines@coarc.org)).



## **Classes for Anyone Enrolled in Coarc— Sponsored Health Insurance**

For more information, please contact Theresa in HR (theresap@coarc.org)

### **Class: Financial Success Starts Here**

Instructions: Login to Relias. Select My Learning. Select Browse Elective Courses. In the search filter type Financial and click search. The available screening slots will show up. Select the slot you wish to enroll in.

11/15/16 - 2pm – 3pm Mellenville Admin Conference Room

### **Class: Surviving on a Limited Budget**

Instructions: Login to Relias. Select My Learning. Select Browse Elective Courses. In the search filter type Budget and click search. The available screening slots will show up. Select the slot you wish to enroll in.

9/6/16 - 11am – 12pm Prospect Ave Hudson TSP side

10/25/16 - 3:30– 4:30pm 124 North 2nd street Hudson

### **Classes for Tobacco Cessation**

(This is a paid activity). Instructions: Login to Relias. Select My Learning. Select Browse Elective Courses. In the search filter type Tobacco and click search. The available screening slots will show up. Select the slot you wish to enroll in. Lifepoints are available for participation in this class.

9/15/16 - 10:15 11:15am Mellenville Admin Conference Room

10/19/16 - 3:30 – 4:30pm 124 North 2nd street Hudson

11/10/16 - 3pm -4pm Mellenville Admin Conference Room