



2018 ANNUAL REPORT



Expanding abilities in Columbia County, NY, since 1965. Supporting over 500 people with disabilities to achieve their individual goals, one person at a time.



A Message from the President

Officers

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President

Donna Knight
Vice-President

Tracy Cantele
Secretary

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Directors

Denise Barry

Karen M. Blass

Mary Blass

John W. Craft

Annette Dennis

Karen Engel

Mary Ann Harris

Doris Meier

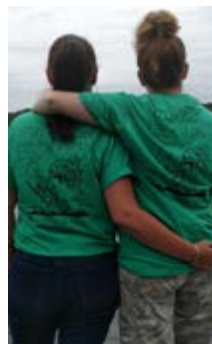
Desiree Elliott
*Self-Advocate Advisor
to the Board*

Coarc continues to expand people's abilities through its many services with the result that individuals begin to say with confidence "Yes, I can". Whether support is in preschool, school to work, employment opportunities, residential or various day services, Coarc supports individuals to live happy and rich lives at home, with others or on their own, always as part of the community they live in.

Over my first year as President of the Coarc Board of Directors, the staff I encounter continue to impress me. These are the people who support individuals and seek out ways that assist individuals to gain skills, confidence and find joy in their lives.

Coarc continues to work in a service environment with funding mechanisms that are frequently changing. There are challenges ahead, but Coarc has met challenges over the years and with their caring, quality staff will continue to meet and overcome future challenges to continue to expand abilities one person at a time.

Mary Anne VanDenburgh
President
Coarc Board of Directors



The Fishing Derby



A Message from the Chief Executive Officer

Accomplishment. What exactly is an accomplishment? The dictionary defines an accomplishment as 'something done admirably or creditably' or 'anything achieved'. Interestingly, there is no reference to importance or significance. In fact, the importance or significance is defined only by the person achieving the accomplishment.

For some people an accomplishment might be climbing Mount Everest, while for others it might be learning to walk again after an accident. Accomplishments are very personal in nature, like the services Coarc provides to individuals with disabilities. This annual report is full of accomplishments, as individualized as the people who achieved them. From earning a Black Belt in Tae Kwon Do, to starting a photography business, to living a healthier lifestyle, to owning your own home, each accomplishment is important and significant in the individual's life.

Coarc's role is to provide the individualized supports and assistance necessary for individuals to accomplish their goals, which may even include working with an individual to help them understand what it is they actually want to accomplish. If you know one of the individuals in this annual report, or your paths happen to cross, congratulate them for their accomplishment. In the end, when individuals Coarc supports experience accomplishments, then Coarc experiences an accomplishment as well.

A handwritten signature in black ink, appearing to read 'Kenneth R. Stall'.

Kenneth R. Stall
Chief Executive Director



A Visit to the OCC Museum



70th Anniversary of the Arc



Mike Scrodin at Art Omi



Coarc Palooza



Visit to the Fire Tower



Scarecrow competition at the Chatham Fair

Achieving Individual Goals

About Coarc

Coarc is a 501(c)(3) nonprofit organization. We are the Columbia County Chapter of NYSARC, Inc., which is America's largest nonprofit organization supporting people with intellectual and other developmental disabilities and their families since 1949. NYSARC is the New York State Chapter of The Arc.

Our Mission

To expand abilities, one person at a time, so individuals experiencing disabilities can achieve their individual goals.

Our Vision

To be an ethical organization that is a part of a society that recognizes people with different degrees of abilities as full contributing members of their community.



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Our Services

Advocacy
Prevocational and Vocational Services
Camp Mahican
Clinical Services
Community Habilitation
Self-Directed Services
Employment Services
Guardianship Services
Recreation Opportunities
Residential Services
Respite Services
Supportive Community Services
The Starting Place Preschool
& Day Care
Traumatic Brain Injury Services

Support Our Related Businesses

Tradewinds Gift Shop, 409 Warren St., Hudson
Coarc Contract Manufacturing, 630 Route 217,
Mellenville





Alan Macher and Julieanne Duntz

Alan Macher is a Direct Support Professional who provides support to individuals experiencing disabilities. Alan worked at Camp Mahican as a Junior Lifeguard. After college, he returned to Coarc as a DSP and he never left. That was 39 years ago. Alan has worked in every Coarc residence, and he knows just about everyone. His coworkers refer to him as “The Super Sub” because he will work in any house, any shift, any day and in any weather.

Alan is very conscientious about leading a healthy lifestyle and he encourages the individuals he works with to feel the best that they can. Alan smiles when he talks about Julieanne. She has lived in a Coarc residence for many years. Julieanne is a happy and bubbly woman, always quick with a smile. Recently, she wanted to get healthier, so Alan is supporting her as she works toward this goal. They discuss healthy food choices and cook things together. They also enjoy long walks throughout the neighborhood. Julieanne says Alan is one of her favorite staff.

Alan has seen many changes over the years. “Coarc has really shifted from providing care to providing support. It used to be that we did things for people, now we teach people to do things for themselves. My job is to assist individuals in their lives by doing what they want, while at the same time supporting them to be safe. There is dignity in risk. I love what I do, I was never meant to sit behind a desk.”

Chris Gile

Christopher Gile starts his shift promptly at 2:00 pm. He walks into Furniture Plus and immediately takes owner Steve Ceros’ hand. Steve and Chris walk to the kitchen to put his belongings away and discuss what needs to be done for the day. It is easy to see that they have built a strong relationship. Steve asks Chris “Who is awesome?” and Chris replies “I am.” Chris started interning at Furniture Plus three years ago. After successfully completing a Pathway to Employment program, he was offered a position. It has proven to be a great match for both of them.



“Chris unloads trucks, loads trucks for deliveries and excels at putting chairs together.” He has assisted me with making bank deposits and helps out on the sales floor. The delivery people know Chris and ask about him when he is not here. Chris likes to play jokes, he keeps things interesting and everyone enjoys working with him.”

When asked why Chris is a good employee, Steve states, “He uses his hands, keeps busy and has learned to do things by himself. Customers appreciate his work. Chris forces me to take the time to recognize the value of spending time with people. Christopher’s work has real value.”

Mark Harris

As a young child, Mark Harris watched The Ninja Turtles and would practice the moves in front of the television. Mark has Down Syndrome and Diabetes, but these things do not stop him. After 16 years of practice and dedication, Mark achieved his Black Belt in Tae Kwon Do in 2018. When asked about this remarkable achievement, Mark says "I am strong; it helps me stay healthy and I am proud of myself." Mary Ann Harris, Mark's mother stated, "Mark getting his black belt made us extremely proud of him. It was a long and difficult process that he has been determined to achieve. Only HIS dedication made it possible. This only convinces us, once again, that he can do whatever he sets his mind to; we only have to give him the opportunity."



Mary LaBelle

Mary LaBelle received the "Outstanding Performer" award through NYSID's 2018 William B. Josling Outstanding Performance Program. Mary has worked at Coarc Manufacturing for more than 34 years. Her manager, Traci Laurange, says "Mary knows how to do everything. She is motivated to work, conscientious and does a great job." Mary believes "work is very important; I don't want to sit around. People need things to do and to earn money. I like to keep busy." When she is not working, Mary enjoys going out, playing cards and working on puzzles. She was very excited to be recognized for her hard work, saying, "I am proud and happy to be getting this award."



Coarc Manufacturing, also a not-for-profit organization, provides jobs, training and life assistance for people with disabilities. A social enterprise, Coarc Manufacturing is deeply committed to delivering superior quality while empowering people with disabilities who want to work and be productive.

Charles Washington

Charles Washington is a passionate photographer with a unique view of the world, who happens to experience autism. He captures magical images many of us miss. On weekends, Charles can be spotted walking around Hudson with his camera, ready to take the perfect shot. Charles stated, "I really like black-and-white photos; they feel experimental to me. I like to watch people when they look at my pictures; I like to see their faces. That is pretty awesome." Charles is currently working on a photographic series of subjects in Copake, which will be available for purchase at Coarc's Tradewinds Retail Store in Hudson.





Rare Tornado

In April 2018, seven Coarc artists exhibited their art work at Hudson Hall, on Warren Street in Hudson. The exhibition, which ran for one month, opened with a premier event with over 100 attendees.

RARE TORNADO celebrated the deeply expressive artwork created by Coarc artists with disabilities who utilized the Artistic Realization Technologies (A.R.T.) technique over a period of several months to create their work. A.R.T. is an adaptive painting technique developed by artist Tim Lefens. This innovative process gives full artistic control to individuals with significant physical disabilities, with the aid of laser pointers and trained trackers acting as the hands of the artist.

Camp Mahican

In 2018, Camp Mahican celebrated its 52nd summer. Camp Mahican offers summer fun for children ages 6–16 and is the only day camp of its kind for children with disabilities in Columbia County. The Camp provides transportation and is free of charge. Campers enjoy outdoor sports and physical activities through the use of the play area, basketball court and universally accessible playground. The motto at Camp Mahican is “I Can.” Children focus on building skills through social interaction and fun activities. The outdoor pavilion provides a structured play area for art projects and board and table games. Children learn skills needed to work independently and in groups. Campers are supported by a Camp Director, Counselors, certified Lifeguards and an on-site Nurse.



Bill Backlund

Bill Backlund dreamed of owning a home of his own. It needed to be close to his favorite shops and places to eat. It needed a garden to grow flowers and a patch of lawn to mow. In 2018, with assistance from Coarc’s Supportive Community Services, Bill’s dream became a reality. Program Manager, Tanya Rivera aided Bill in purchasing a home that met all of his requirements. He made all of the decisions about what his home would look like, from the paint colors to the furniture. Bill’s home is a true reflection of him. When showing off his home, Bill is full of pride. He is content and happy in a place that is all his own.



CQL

The Council on Quality and Leadership (CQL) accreditation signifies that an organization is committed to the principles of person-centered services and acknowledges the work is never finished. CQL Accreditation in Person-Centered Excellence is an ongoing process and continues beyond the initial review. Coarc first achieved Person-Centered Excellence accreditation from CQL in June 2014. In May 2018 Coarc successfully completed the reaccreditation process during a week-long review with CQL staff. Coarc's participation in CQL's international accreditation program demonstrates commitment to excellence in person-centered services and supports that lead to increased quality of life. The term of accreditation for Coarc extends for four years from May 18, 2018 – May 18, 2022.



Without Walls

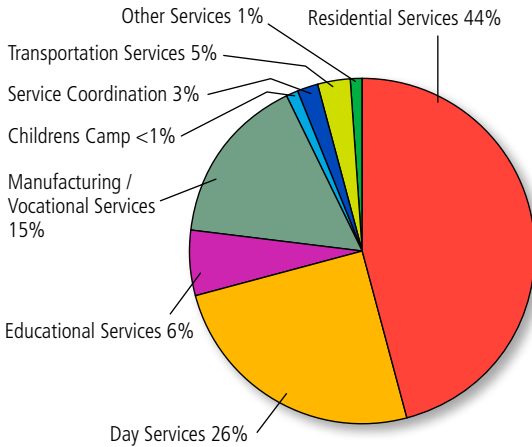
Coarc's Without Walls services started in 2012, with two individuals. Today, more than 40 individuals participate every week. Without Walls provides day services that offer individualized schedules based on community experiences. Assistant Program Manager Brenda Ebel says "This program is all about choices. Schedules are built on what the people we support want and choose to do. The staff is creative and

very flexible." A few of the popular volunteer opportunities include delivering Meals on Wheels and staffing American Red Cross Blood Drives, where they assist at check-in and refreshment tables. Other activities in the community include going to the YMCA, cooking and baking classes and laser tag. They especially enjoy volunteering at Animal Kind in Hudson. Will says he "enjoys taking care of the cats and making them feel loved."



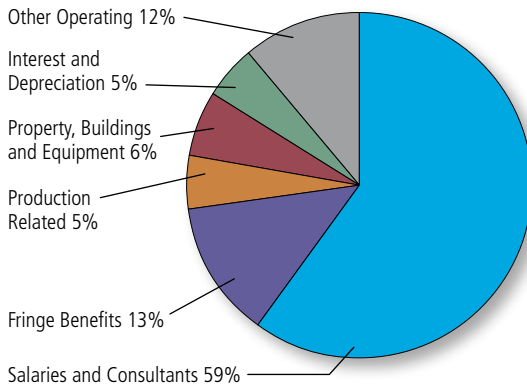
2018 Coarc Financials

Income by Program Services



	Amount	%
Residential Services	10,139,750	46%
Day Services	5,411,271	25%
Educational Services	1,371,969	6%
Manufacturing/Vocational Services	3,580,161	16%
Childrens Camp	74,247	<1%
Service Coordination	381,827	2%
Transportation Services	711,469	3%
Other Services	100,773	<1%
Total	21,771,467	100%

Expenses by Category



	Amount	%
Salaries and Consultants	13,074,302	59%
Fringe Benefits	2,921,014	13%
Production Related	1,121,358	5%
Property, Buildings and Equipment	1,321,386	6%
Interest and Depreciation	1,004,906	5%
Other Operating	2,463,168	12%
Total	21,906,134	100%